

Narrative Exposure Therapy (NET) in Primary Care

Practical Training for Trauma-Informed Primary Care Teams

Learn a structured, evidence-informed approach to trauma treatment that can be integrated into primary care workflows.



— TRAINING DETAILS —

-  **Saturday, March 28, 2026**
-  **9:00 AM – 2:00 PM**
-  **London InterCommunity Health**
-  **1700 Dundas St, London, ON**
-  **Cost: \$50** *(covers supplies and lunch)*

— INTEGRATION SESSION (ZOOM) —

-  **Wednesday, April 22, 2026**
- 7:00 – 9:00 PM (Zoom)**
- Zoom link will be emailed to registrants.*

— YOU’LL LEAVE WITH —

- A clear understanding of NET and when it fits in primary care
- Step-by-step session structure (including the “lifeline” and narrative process)
- Practical strategies for managing high arousal, dissociation, and strong emotions
- Tools to support implementation in real clinic settings

— FACILITATORS —

- Dr. Shiva Ahanchian • Dr. Allison Henderson
- Stephanie Rabenstein, *Psychotherapist*

Register here:

